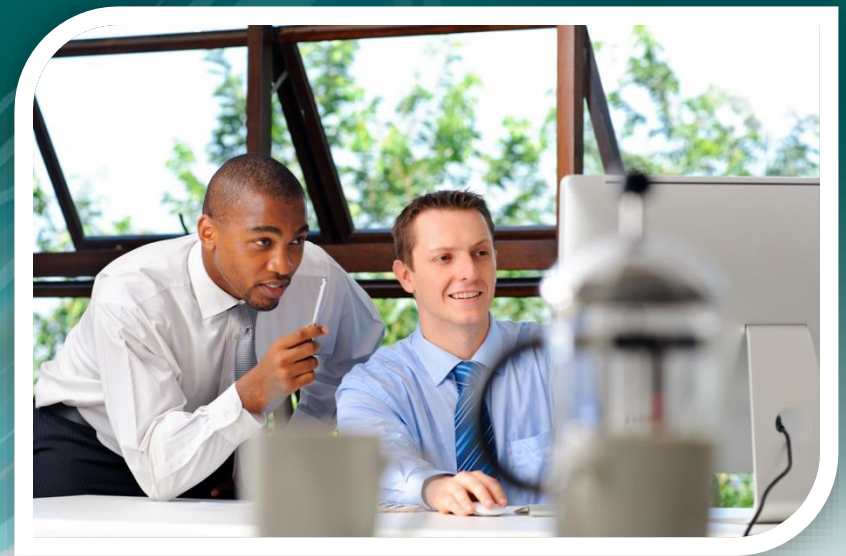




Coaching Conversations



Overview



Introduction

Coaching skills can be applied to a variety of situations. The most common situations involve the "big picture" view of identifying a satisfying life path and the narrower view of improving performance in specific areas.

This course reviews some of those basic situations and then expands upon them to give you a chance to practice applying the skills in different situations.

The focus of this course is on establishing the context of a situation, then allowing you a chance to practice or evaluate a portion of a coaching session.



Test Your Knowledge

Read the question, then click on the answer.

Which of the following is true about coaching for performance improvement?

A. It is most effective when you tell the employee how to change.

B. An effective coaching session doesn't require any follow-up.

C. It should focus on comparing actual behaviors to expected behaviors.

D. The coach should do most of the talking since he or she is the expert.

